



Summer 2019 | eNEWSLETTER NO. 5 | The Quarterly Newsletter of Walnut Grove

## UPCOMING EVENTS

### MORNINGS WITH MOMS WORKSHOP SERIES

July 20, 2019: Using Adversity to Become All You Are Meant to Be  
 Presenter: Ms. Kathleen Eaton Bravo  
 Registration 9:30a  
 Workshop: 10:00a – 12:00p  
 Babysitting will be provided  
 Location:  
 627 S. Rossmore Ave., Los Angeles, CA 90005

October 12, 2019: Fashion with Dignity  
 Registration: 9:30a  
 Workshop: 10:00a – 12:00p  
 Babysitting will be provided.

### RETREATS

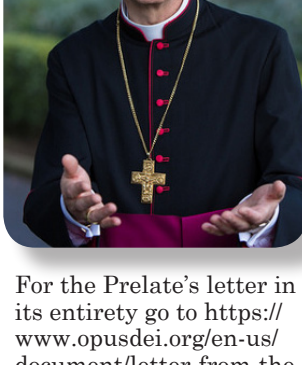
- October 25, 9:30a – October 27, 2019, 2:30p  
 Double Tree by Hilton Hotel Irvine
- November 15, 9:30a – November 17, 2019, 2:30p  
 Double Tree by Hilton Hotel Irvine
- Register at <https://www.walnutgrovecenter.org/2019-retreats>

### PATHFINDER SUMMER CAMP 2019

For girls entering 5th – 9th grade  
 July 7 – July 13, 2019 (Sunday – Saturday)  
 Cedar Lake Camp  
 Contact: Teresa T. Kaldor  
 Phone no: (310)866-7772  
 Email: [southernhills.summer.camp@gmail.com](mailto:southernhills.summer.camp@gmail.com)

### Lights! Camera! Action!

For high school seniors and women in college  
 August 12 – August 20, 2019  
 Westfield Residence  
 For more information and to apply:  
<http://www.westfieldresidence.org/lights-camera-action>



For the Prelate's letter in its entirety go to <https://www.opusdei.org/en-us/document/letter-from-the-prelate-14-june-2019/>

### From the Prelate

In an invitation that is timely for this summer season, the Prelate, in his recent letter, encourages us to share our joy based on God's love for us "through a more intense family life." He reminds us that "...the experience of our own weakness and our sins shouldn't make us fall into sadness because... authentic joy is born of the certainty that we are always infinitely loved by God..."

~ Monsignor Fernando Ocariz, Prelate of Opus Dei



### Tea for Two: Mother Daughter Tea

This spring, our annual Mother-Daughter Tea Party fell right between Easter Sunday and Mother's Day, making it a glorious day in an already joyful and festive season. This year's theme was *Ooh La La French!*

*To continue please scroll down to "Tea for Two"*



### President's Letter

Greetings!

Summer it is! There are tell-tale signs that summer is here: the days are longer, school vacation is in full swing, barbeque grills are sizzling, pools are open, and exciting plans are being made. Especially for families with children, routines have changed. It's time for moms to create their summer schedules, taking advantage of the break from school to allow more rest and freedom. St. Josemaria, a very practical saint, has the following advice for parents planning the summer with their children:

"I have always seen rest as time set aside from daily tasks, never as days of idleness.

"Rest means recuperation: to gain strength, form ideals and make plans. In other words, it means a change of occupation, so that you can come back later with a new impetus to your daily job." (Furrow, 514)

Parents have ample opportunities to be creative, to make summer truly memorable and enjoyable for the children, without breaking the bank. Here are some ideas:

Summer is a great time to enjoy the outdoors. Hike a local trail, and collect interesting rocks, sticks and leaves to make a collage. Make a splash at the neighborhood pool, a lake, or the beach. Marvel at the beauty of God's creation of the heavenly bodies – go stargazing in your backyard. Mark your calendars for the Perseid meteor shower, always at its height on August 13.

Take a walk to a nearby museum, noting local landmarks, gardens and parks. Grab a blanket and enjoy a family picnic. Have a family sports day, with bean bags, balls, kites, bikes, even pillowcases for sack races. And don't forget our summer camps – go to [www.walnutgrovecenter.org](http://www.walnutgrovecenter.org) for information. Summer need not be all outdoors and physical. Vacation is also time to recharge, to rekindle the spirit. Limit the use of tech gadgets to what is necessary and useful.

Make a list of good books for the children to read, and include some classics. Foster building of good habits and developing virtues – ask the children to help with cleaning the house, the garage, and the garden. Volunteer as a family at the library, the parish, and community centers.

Enjoy these activities and many more of your choosing. What matters most is doing them together – spending precious family time building memories.

What a wonderful season summer is! Make the most of it! Be safe, be well, and thrive!

~Cynthia Abesa



*"Beatification" continued...* Our first full day in Spain began with a road trip to Avila, during which we did a pilgrimage following in the footsteps of St. Josemaria. I learned that Avila's Church of Sonsoles was where St. Josemaria did his first pilgrimage.

**You May Not Know Everyone, but You'll Know Everyone** As we travelled towards Vista Alegre on May 18, 2019, the morning of the beatification, the metro cars filled steadily with finely dressed people at each stop. Exiting the metro felt surreal. It was a literal river of people. Once out, the river widened into a sea of people. 14,000 people to be exact. Reunions occurred all around us constantly, and if you hadn't already seen someone you know, it was not a question of whether you would see them, but when.

**It's Fast and Comes with a Mass** A beatification is a Mass with a beatification rite within it, right after the *Gloria*. It was the Mass of the beatification, the metro cars filled steadily with finely dressed people at each stop. Exiting the metro felt surreal. It was a literal river of people. Once out, the river widened into a sea of people. 14,000 people to be exact. Reunions occurred all around us constantly, and if you hadn't already seen someone you know, it was not a question of whether you would see them, but when.

**Tears and a Cascade of Emotions** At the drop of the curtain, tears brimmed in my eyes, and I suddenly became hyperaware of the moment – I was in Spain, sitting in an arena in Vista Alegre, watching the first beatification of a lay member of the Work. Not only was I among the 14,000 people present from several countries, but I was also sharing this moment in the communion of saints, who must have also been celebrating the recognition of their beloved Guadalupe. On top of that, I was sharing this exact moment with tens of thousands more people watching live from their TVs, tablets, phones, or computers. It was a beautiful moment that highlighted the Church's universality, a reiteration of the universal call to holiness.

**Celebration!** We're Catholics. It's in our heritage to know how to party – Jesus knew he had to keep the vibes going, so he performed the miracle in the Wedding Feast at Cana. *Of course* we would celebrate the recognition of the newest addition to the communion of saints! The get-together with the Father exuded exactly this energy. The theme of the get-together was Guadalupe and the influence of her contributions to Mexico. A magician's trick revealed a photo of Guadalupe's face, there was a "walking cactus," and we were serenaded with mariachi music. However, what I treasure most from the get-together was the Father's sage answers to our questions.

**Sightseeing and Firsthand Learning** On our last full day, we took a road trip to Las Rosales, Jorge Manrique, and an exhibit about Guadalupe. At Las Rosales, we saw the interior of the first women's center, where Guadalupe lived for some time. At Jorge Manrique, we saw the very room where Guadalupe met St. Josemaria and told him about her feeling that she was called to a vocation in the Work. At the Guadalupe exhibit, our group learned about Guadalupe's journey and achievements in depth and in a tangible way.

The beatification was unique, special, and most of all, influential. It had a beautifully transformative effect. The trip was also an adventure that I am overjoyed I shared with friends – it was fun to learn more about Guadalupe alongside others. I am blessed to have been given this opportunity, and I will forever treasure this trip in my heart.

~Mariana Fajardo

*"Transformative Power" continued...* Millennial women, a growing portion of the US workforce, value their careers, while also striving to maintain a healthy work-life balance, including prioritizing families and deepening friendships. Symposium participants discussed these issues and also discovered ways to center their lives around faith and prayer as a means to sanctify their work.

The participants offered the participants the opportunity to hear from women who have taken a variety of career paths. This included a healthcare project manager who is currently working and parenting two young children; a "mompreneur" who left her finance career to start a home business while raising children; and a former investment banker who took a break from work while her children were young and then returned to full-time work when they became older. Participants also had a chance to network and share their challenges and ideas for transforming the workplace while living their faith.

The participants, hailing from Arizona and both Southern and Northern California, plan to stay connected through a Facebook group to continue the conversation started at the symposium. The hope is to have a reunion in the next few months to revisit what they learned and implemented from the symposium.

~Angela Heisel

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